



DIVISION OF STUDENT AFFAIRS

COUNSELING CENTER

Seeking help is a sign of strength!

Many students encounter a variety of personal, mental health, career, and academic issues that call for assistance beyond advice provided by friends and family.

The Counseling Center provides a wide range of services for University students.

- Personal and Mental Health Counseling
- Career Counseling
- Outreach Programs
- Consultation for Faculty, Staff & Parents
- Crisis Intervention
- Academic Skills Counseling
- Disability Support
- Referral Services
- Testing Services

301-314-7651 • Shoemaker Building
www.counseling.umd.edu

THE COUNSELING CENTER

Counseling Service • Learning Assistance Service
Accessibility and Disability Service • Research Unit • Testing Office